



## **Food in School Policy**

### **1 Responsibilities**

The Governing Body recognises the important connection between a healthy diet and a student's ability to learn effectively and achieve high standards in school. They also recognise the role a school can play, as part of the larger community to promote family health, and sustainable food and farming practices.

The Governing Body recognises that sharing food is a fundamental experience for all people, a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships, and inter-generational bonds.

### **2 Mission**

The educational mission is to improve the health of the entire community by teaching students and family's ways to establish and maintain life-long healthy and environmentally sustainable eating habits. The mission shall be accomplished through food education and skills (such as cooking and growing food), the food served in schools, and core academic content in the classroom.

### **3 Aims**

3.1 To improve the health of pupils, staff and their families by helping to influence their eating habits through increasing their knowledge and awareness of food issues, including what constitutes a healthy and environmentally sustainable diet, and hygienic food preparation and storage methods.

3.2 To increase pupils' knowledge of food production, manufacturing, distribution and marketing practices, and their impact on both health and the environment.

3.3 To ensure that pupils are well nourished at school, and that every pupil has access to safe, tasty and nutritious food, and a safe, easily available water supply during the school day.

3.4 To ensure that food provision in the school reflects the ethical and medical requirements of staff and pupils, eg religious, ethnic, vegetarian, medical and allergenic needs.

3.5 To make the provision and consumption of food an enjoyable and safe experience.

3.6 To introduce and promote practices within the school to reinforce these aims, and to remove or discourage practices that negate them.

3.7 To ensure that all food provided in school meets the Requirements for School Food Regulations 2014

## 4 Objectives

4.1 To work towards ensuring that this policy is both accepted and embraced by:

- Governors
- School management
- Teachers and support staff
- Pupils
- Parents
- Food providers
- The school's wider community.

4.2 To integrate these aims into all aspects of school life, in particular:

- Food provision within the school
- The curriculum
- Pastoral and social activities.

## 5 Methods

5.1 Establish an effective structure to oversee the development, implementation, and monitoring of this policy, and to encourage a participatory approach to meeting the objectives.

5.2 Develop an understanding and ethos within the school of safe, tasty, nutritious, environmentally sustainable food, through both education and example.

5.3 Create an environment, both physical and social, conducive to the enjoyment of safe, tasty, nutritious, environmentally sustainable food.

5.4 Help to promote and raise awareness of environmentally sustainable food production methods and socially responsible food marketing practices.

## 6 Parties

As part of a healthy ethos within the school and promoting the idea of a balanced diet and life style, special exception to the above rules would be granted for parties as they are seen as a treat. Children may bring in party food if directed by the class teacher (**no nuts**).

## 7. Ensuring Food Safety.

All food preparation and consumption activities completed in school must comply with DfE food safety guidance. In the event of an incident of food poisoning occurring, the incident must be investigated and, if necessary, practices changed. In the event of an incident of food poisoning occurring that affects two or more children, Ofsted must be informed.

Reviewed: September 2023

Mrs C Collett  
Executive Headteacher

Mrs J Powell  
Chair of Governors